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## Study of Physical Growth and Respiratory Functions in Two High Altitude Populations - Bodhs and Baltis of Ladakh, Jammu and Kashmir, India

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ABSTRACT In the present paper, anthropometric and physiological variables among two high altitude groups Bodhs and Baltis of Ladakh are being reported. One thousand and nine (1009) male subjects from age 8 to 50 years have been incorporated in the study. The subjects were studied for twenty-three anthropometric and three respiratory variables. In general, Bodhs show higher values of various anthropometric variables, whereas a mixed trend has been observed for respiratory functions. Poor growth spurt has been observed in both the population groups.