

**Study of Physical Growth and Respiratory Functions in
Two High Altitude Populations - Bodhs and Baltis of Ladakh,
Jammu and Kashmir, India**

M.K. Bhasin and L.P. Singh¹

Department of Anthropology, University of Delhi, Delhi 110 007, India

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ABSTRACT In the present paper, anthropometric and physiological variables among two high altitude groups - Bodhs and Baltis of Ladakh are being reported. One thousand and nine (1009) male subjects from age 8 to 50 years have been incorporated in the study. The subjects were studied for twenty-three anthropometric and three respiratory variables. In general, Bodhs show higher values of various anthropometric variables, whereas a mixed trend has been observed for respiratory functions. Poor growth spurt has been observed in both the population groups.